## Velophysio

112 The Causeway, Petersfield Hampshire GU31 4LL www.velophysio.co.uk

Updated 4th Jan 2022

## **COVID-19 POLICY**

Following Government guidance and advice from The Chartered Society of Physiotherapy, Physiotherapy practices are open for physical consultations.

Where possible, Online Consultations are advised. Where physical appointments are needed, the following responsibilities are outlined.

- 1. Online consultations will be encouraged where possible and physical appointments conducted only where necessary.
- 2. The Physiotherapist will take a lateral flow test for covid 19 prior to each clinic day.
- 3. If a physical appointment is arranged, the client should take a lateral flow test before the appointment if possible and cancel the appointment if they test positive or feel unwell.
- 4. The Physiotherapists will wear PPE of disposable gloves, face mask, with apron at discretion.
- 5. Thorough cleaning of the clinical spaces will be carried out after each client.
- 6. High standards of hygiene will be maintained at all times.
- 7. To dispose of clinical waste according to guidelines, double bagged and after 72hours.
- 8. Hand sanitising facilities for all patients will be provided
- 9. The clinic space will allow 2m- 1m social distancing as much as possible.
- 10. Wherever possible, a well-ventilated space will be provided in which to carry out appointments.
- 11. The Physiotherapist will evaluate health on a daily basis and to act immediately if signs of COVID-19 develop.
- 12. The Physiotherapist will adopt a 'track and trace system' of contacting all relevant patients as soon as possible if any COVID-19 symptoms are reported.
- 13. The client will be advised to inform Nichola Roberts and cancel face to face appointments if any potential symptoms develop within any member of the clients household.
- 14. The client will be advised to inform the clinic if signs of COVID-19 develop within 10 days of attending a face to face appointment.
- 15. The client is required to wear a personal face mask and will be offered one if they do not have one.
- 16. The clients temperature will be taken arrival.
- 17. Clients will be shown the hand washing and sanitising facilities and asked to sanitise their hands.

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This policy will be updated and amended given any changes in the Government guidelines or the Chartered Society of Physiotherapy or Health and Care Professions Council.

Nichola Roberts Chartered Physiotherapist Owner Velophysio