

Velophysio

25 Tannsfeld Road SE26 5DQ

www.velophysio.co.uk

Updated 20th Jan 2021

COVID-19 POLICY

Following Government guidance and advice from The Chartered Society of Physiotherapy, Physiotherapy practices are open for face to face, physical consultations.

Where possible, Online Consultations are advised. Where face to face appointments are needed, the following responsibilities are outlined.

The clinic's responsibilities:

1. To implement a 'virtual triage' policy and only arrange face to face sessions where necessary.
2. To implement telephone or video screening of all clients prior to each face to face appointment.
3. To carry out thorough cleaning of the clinical spaces after each client with changing of all linen used.
4. To ensure high standards of hygiene are maintained at all times.
5. To ensure all contact surfaces are cleaned with approved products between each patient as per Government protocol.
6. To provide hand sanitising facilities for all patients.
7. To space appointments sufficiently to avoid interaction between patients and allow time for cleaning.
8. To set up the clinic space to allow 2m- 1m social distancing as much as possible.
9. Wherever possible, to provide a well-ventilated space in which to carry out appointments.
10. To ensure sufficient PPE is worn. PPE should consist of disposable gloves, apron and single use surgical mask at all times.
11. To evaluate health on a daily basis and to act immediately if signs of COVID-19 develop.
12. To adopt a 'track and trace system' of contacting all relevant patients as soon as possible if any COVID-19 symptoms are reported.
13. To pass on any relevant patients' details to the Government track and trace system if a member of staff tests positive for COVID-19.
14. To dispose of clinical waste according to guidelines, double bagged and after 72hours.

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During the face to face session:

15. The client will be asked to read and complete the consent form for face to face treatment in accordance with the guidelines on informed consent recommended by the Chartered Society of Physiotherapy
16. The client will be advised to inform the clinic and cancel face to face appointments if any potential symptoms develop within any member of the patient's household.
17. The client will be advised to inform the clinic if signs of COVID-19 develop within 14 days of attending a face to face appointment.
18. The client will be advised to be open to virtual consultations wherever suitable to limit face to face contact. This will reduce contact time and limit the risk of viral transmission.
19. The patient is required to wear a personal face mask and will be offered one if they do not have one.
20. The therapist will be wearing PPE of disposable gloves, apron and face mask.
21. The clients temperature will be taken arrival.
22. Clients will be shown the hand washing and sanitising facilities and asked to sanitise their hands.
23. At a social distance of at least 1m, the physio will go through a normal question and answer session regarding symptoms.
24. Movement analysis will be carried out at a distance as much as possible.
25. Closer inspection or testing will be carried out if necessary.
26. Required treatment will be discussed with you prior to being carried out.
27. There will be opportunity to decline close contact.
28. Any further appointments can be arranged at a social distance of 1m and contactless payment accepted.
29. The client will be instructed on safe removal of your face mask, which can be done once outside the building.

This policy will be updated and amended given any changes in the Government guidelines or the Chartered Society of Physiotherapy or Health and Care Professions Council.

Nichola Roberts
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Owner Velophysio